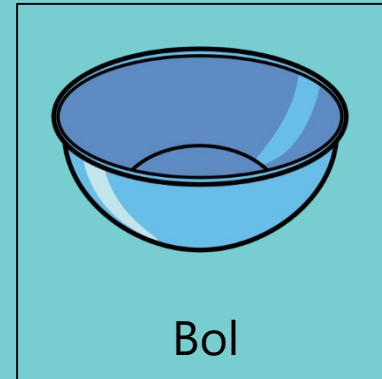


Batido de fresa



¿Qué necesitamos?

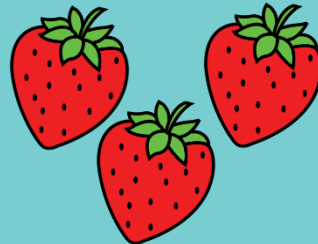




¿Qué necesitamos?



Ingredientes



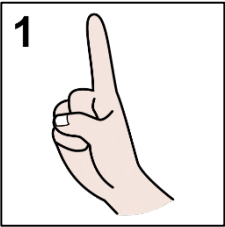
Fresas



Leche



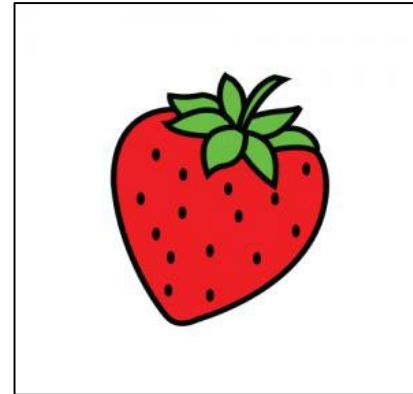
Azúcar



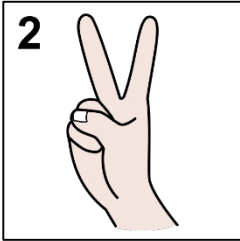
Paso 1



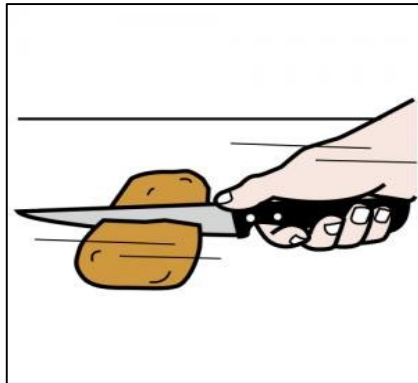
Lavar



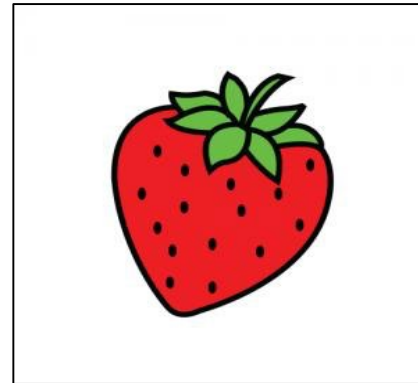
fresas



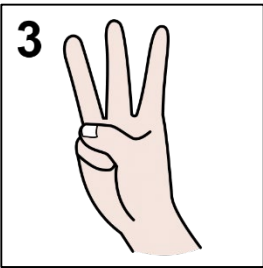
Paso 2



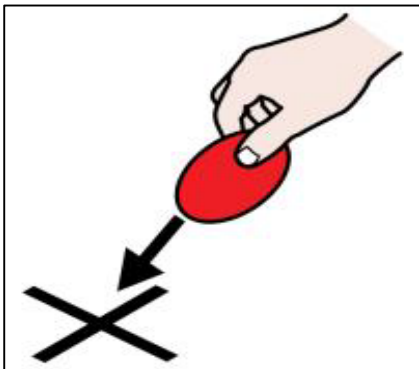
Cortar



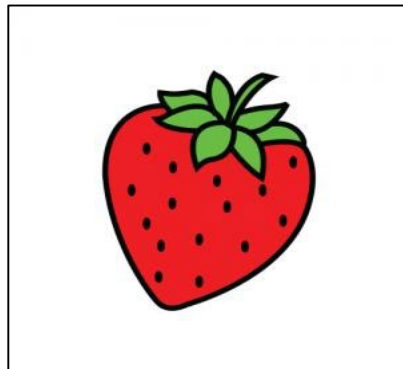
fresas



Paso 3



Meter



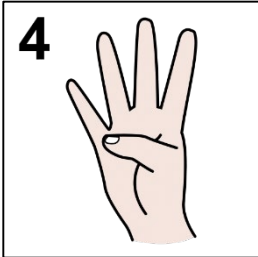
fresas



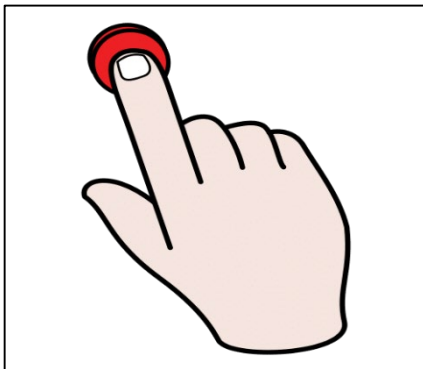
leche



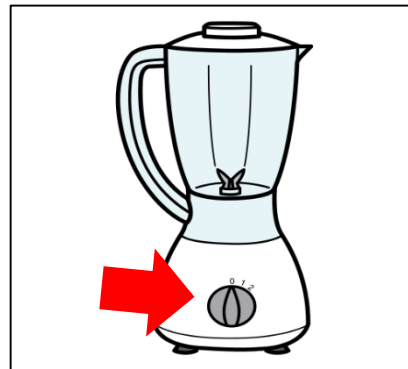
en la batidora



Paso 4



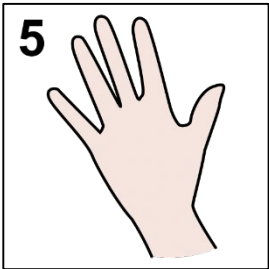
Pulsar botón



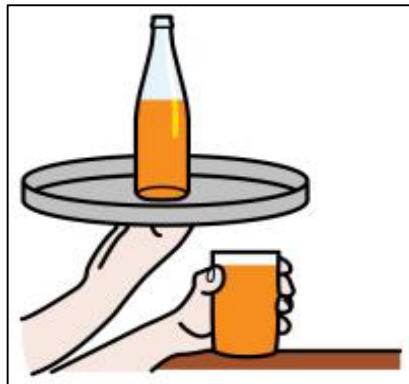
de la batidora



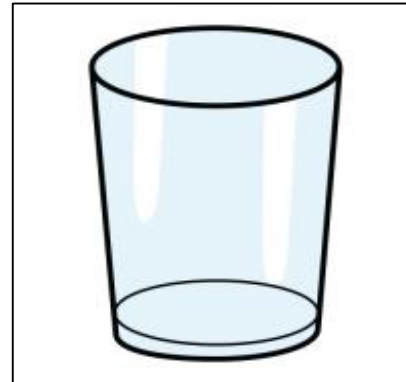
y esperar



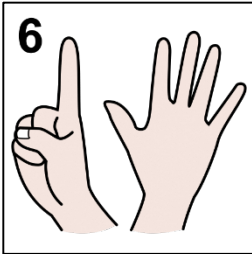
Paso 5



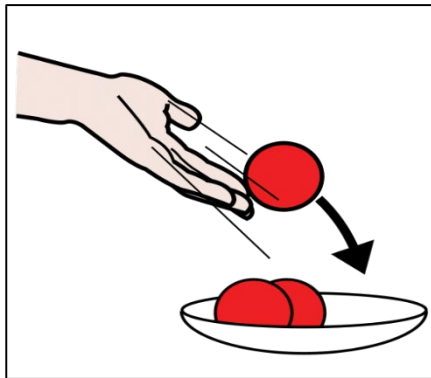
Servir



en el vaso



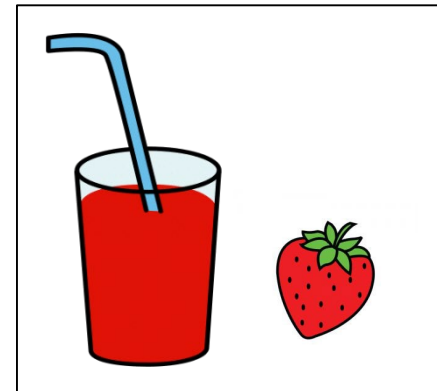
Paso 6



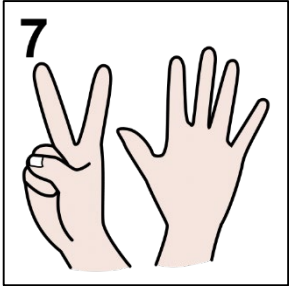
Echar



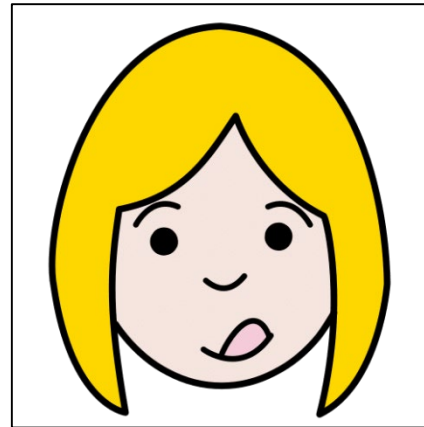
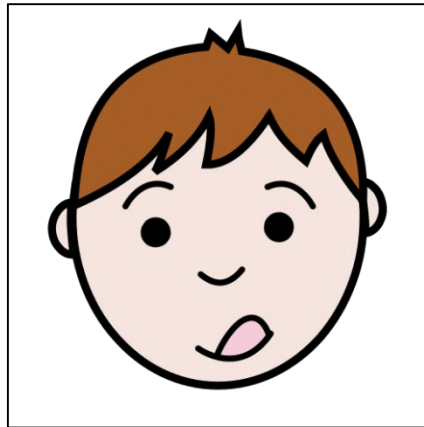
azúcar



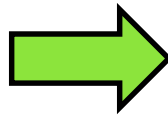
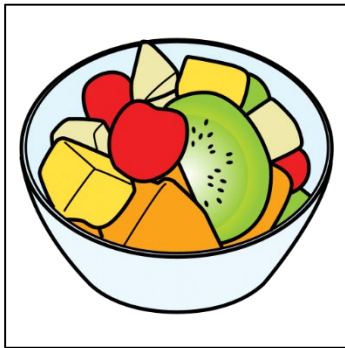
en el zumo



Paso 7



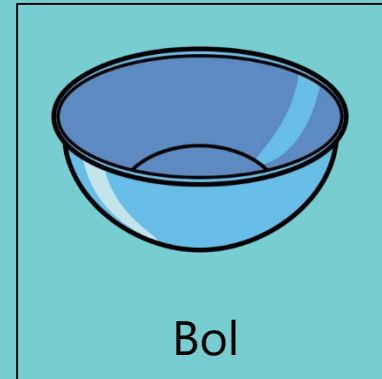
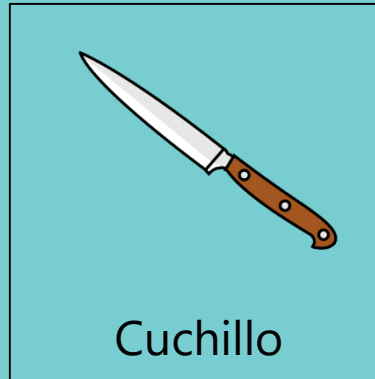
¡A disfrutar!



Macedonia



¿Qué necesitamos?





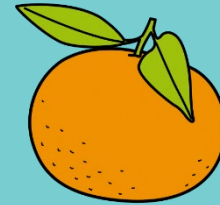
¿Qué necesitamos?



Ingredientes



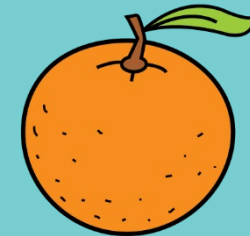
Manzana



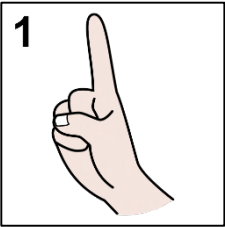
Mandarina



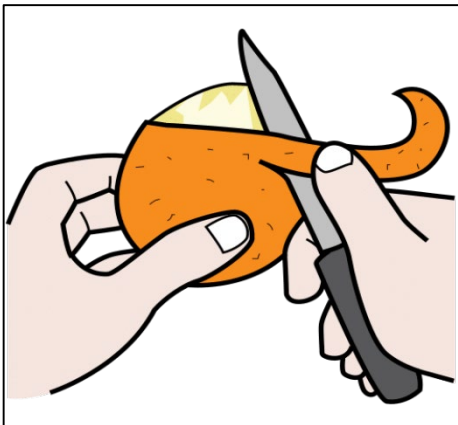
Fresa



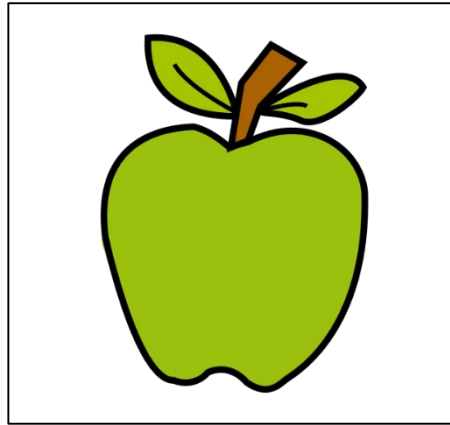
Naranja



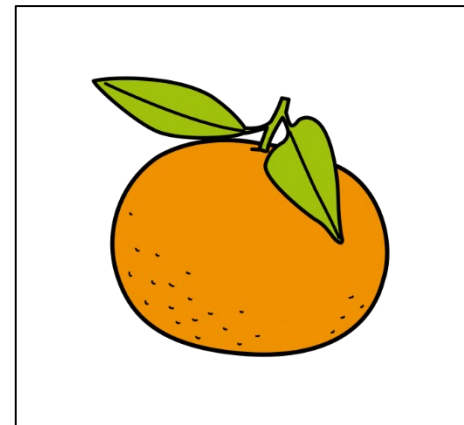
Paso 1



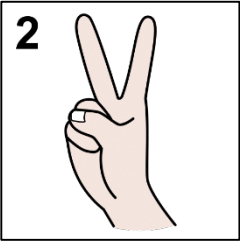
Pelar



manzana



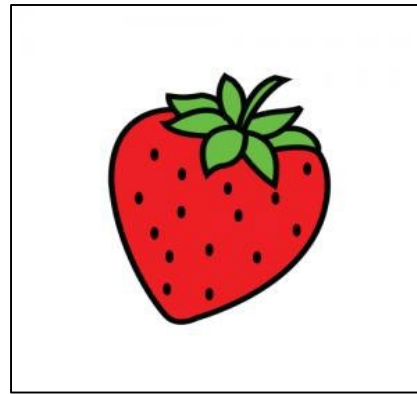
mandarina



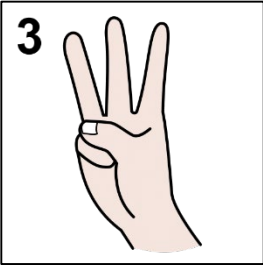
Paso 2



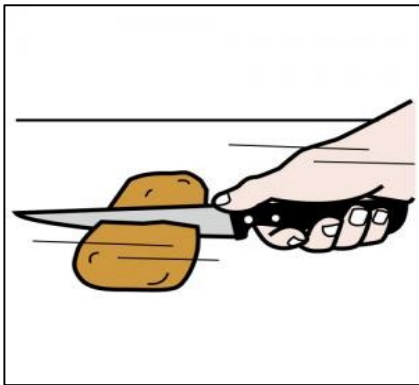
Lavar



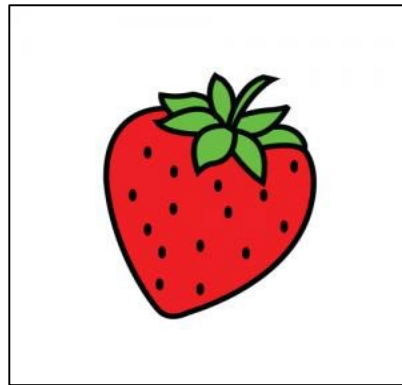
fresas



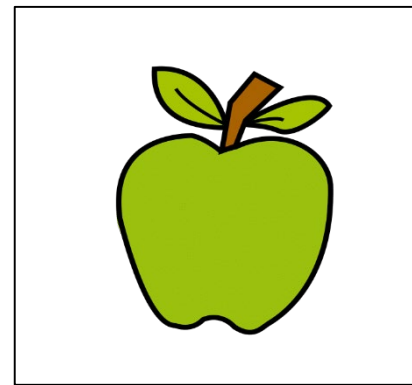
Paso 3



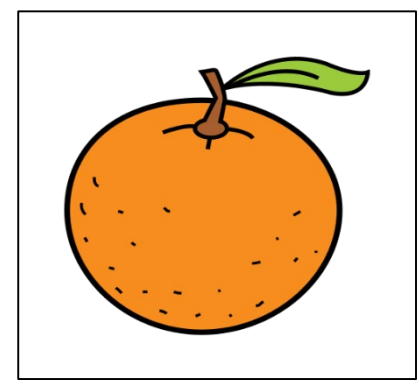
Cortar



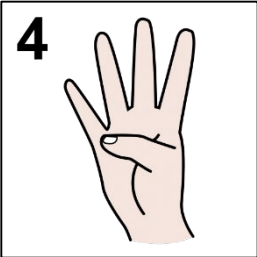
fresas



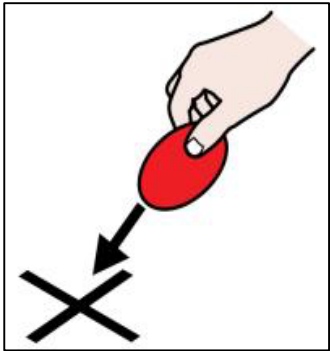
manzanas



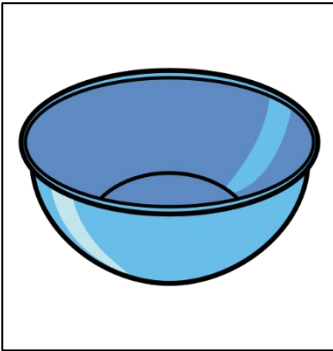
naranjas



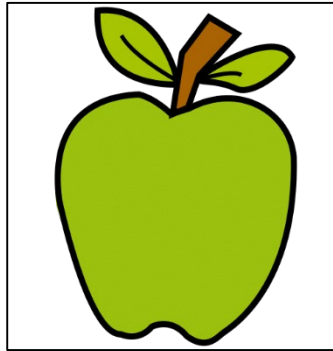
Paso 4



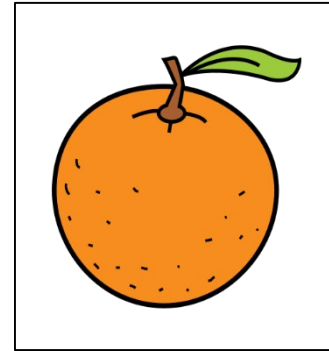
Meter



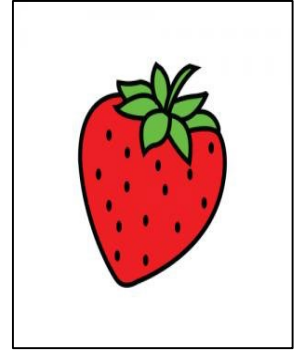
en un bol



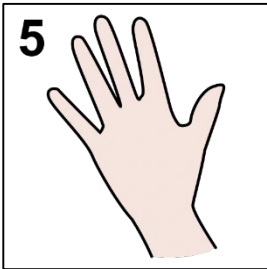
manzana



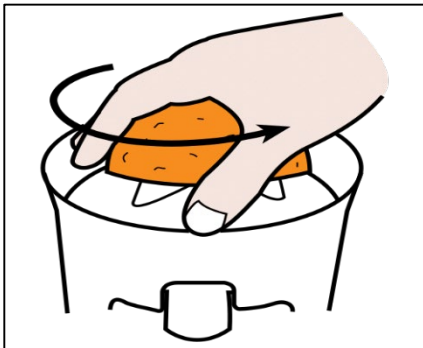
mandarina



fresas



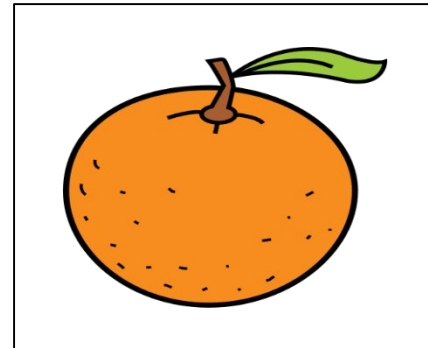
Paso 5



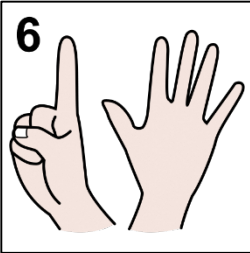
Exprimir



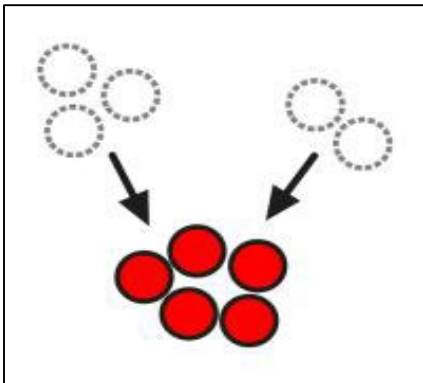
tres



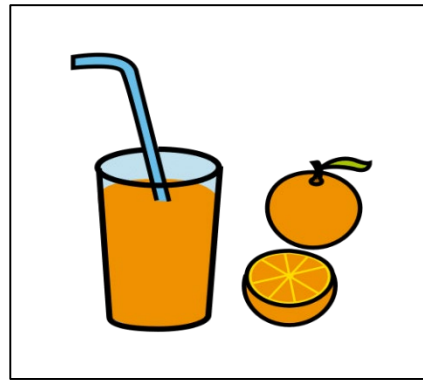
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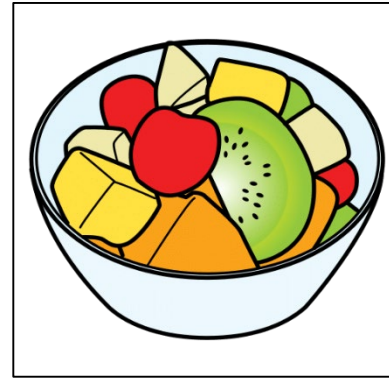
Paso 6



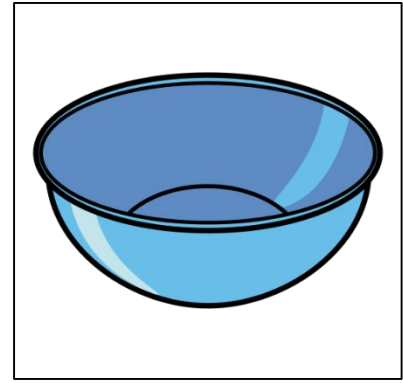
Mezclar



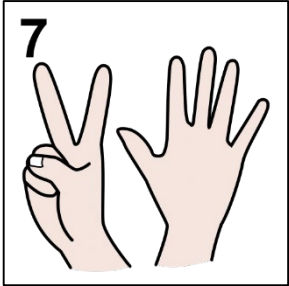
zumo



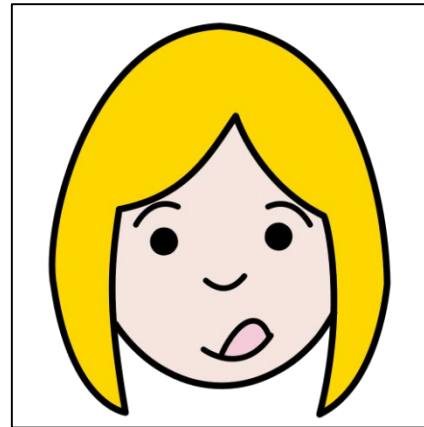
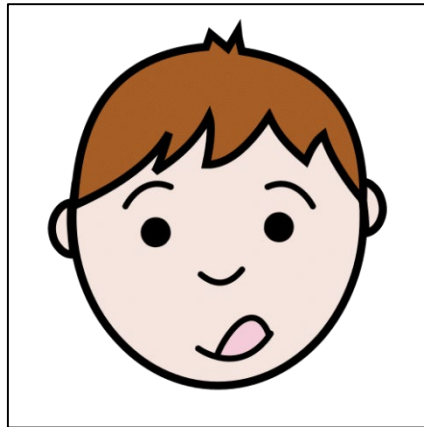
con fruta



en un bol



Paso 7



¡A disfrutar!



**Hermanas
Hospitalarias**

FUNDACIÓN PURÍSIMA CONCEPCIÓN